FEEDBACK TUTORIAL LETTER

1st SEMESTER 2019

TEST 1

SELD DEVELOPMENT AND STUDY SKILLS

SDS010S
TEST 1
SELF-DEVELOPMENT AND STUDY SKILLS (SDS010S)
MEMORANDUM

DATE: 29 March 2019
TIME: 2 HOURS

TUTOR NAME: MR LUKAS BOCK

INSTRUCTIONS:
- THIS IS A CLOSE BOOK TEST
- ANSWER ALL QUESTIONS

QUESTION 1
Write down five factors that can contribute to your personal development and five factors that can inhibit your personal development.

Factors that can contribute to personal development:

- Good knowledge and understanding of basic principles underpinning a learning domain
- High motivational attitude
- Innovative and critical attitude
- Utilisation of opportunities, such as attending workshops and seminars
- Upgrading qualifications continuously
- Doing research on a continuous basis
- Regular interaction with colleagues, peers and industry
- Receiving recognition for work well done

(Any five of the above or any five relevant answers) (5)

Factors that can inhibit personal development:

- Lack of understanding of basic principles underlying a learning experience
• Lack of motivation
• Management style of an educational leader
• Collegial relationships
• Financial constraints
• Heavy workload
• Lack of family support
  (Any five of the above or any five relevant answers) (5)

**Question 2**

List ten possible strategies for self-development:

• Upgrade basic principles of skills area
• Do continuous research
• Attend workshops and seminars regarding your learning domain
• Form interest groups
• Become more involved in community activities
• Utilise training sessions provided in your skills area
• Become more active during tutorials and group discussions
• Produce papers, study guides and additional reading materials for your learning domain
• Become more active in your institutes activities
• Better formal qualifications on a continuous basis
  (Any relevant answers) (10)

**Question 3**

Define the concept learning

• Learning can be defined as a relatively permanent change in behaviour or knowledge that occurs as a result of experience or as a process to establish or modify behaviour. (5)

**Question 4**

Most people learn for practical reasons. State three reasons why people learn.

• To become a better informed person
• To prepare for a new job or occupation
• To enhance performance
• For advancement in present job
• To meet new and interesting people
  (Any three of the above or any five relevant answers) (3)
Question 5

Discuss the six motivational factors as personal factors of learning

1. **Social Relationships**: reflects participation in order to make new friends or meet members of the opposite gender
2. **External Expectations**: complying with the wishes or directives of someone else with authority
3. **Social Welfare**: to serve others or their community.
4. **Professional Advancement**: for job enhancement or professional growth
5. **Escape/Stimulation**: to alleviate boredom or escaping home or work routine
6. **Cognitive Interest**: these participants are doing it for the sake of learning itself.

Total 100 %