



How to Handwash?

 Duration of the entire procedure: 40-60 seconds

Wash Hands When Visibly Soiled. Otherwise, use Handrub


1 
Wet hands with water

2 
Apply enough soap to cover all hand surfaces;

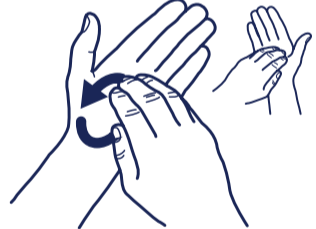
3 
Rub hands palm to palm;

4 
Right palm over left dorsum with interlaced fingers and vice versa;

5 
Palm to palm with fingers interlaced;

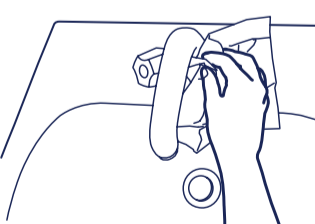
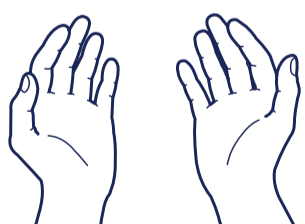
6 
Backs to fingers to opposing palms with fingers interlocked;

7 
Rotational rubbing of left thumb clasped in right palm and vice versa;

8 
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;

9 
Rinse hands with water;

10 
Dry hands thoroughly with a single use towel;

11  **12** 
Use towel to turn off faucet; Your hands are now safe.

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