

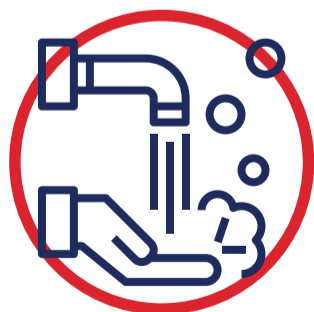
# Keeping the Workplace Safe

2020

A reminder to take basic preventive measure and safety precautions to help reduce the risk of contracting the Coronavirus or spreading it in the workplace.

The general practices below was approved by the Centers for Disease Control and Prevention (CDC)

- Stop handshaking – use other non-contact methods of greeting.
- Clean hands at the door and schedule regular hand washing reminders by email or cellphone.
- Create habits and reminder via cell phones to avoid touching your face and cover coughs and sneezes.
- Increase ventilation by opening windows or adjusting air conditioning.
- Ensure to disinfect your working area, especially on frequently touched surface and objects (desk, computer, mouse, telephone etc).
- Please keep a 1-meter long social distance from others.
- Stay home if you are feeling sick, inform your line director; and consult a healthcare professional.



## Enquiries:

Ms Jordania Andima  
Acting Director  
Marketing and Communications  
T: +264 61 207 2360  
E: jkandima@nust.na



NAMIPIA UNIVERSITY  
OF SCIENCE AND TECHNOLOGY

Department of Marketing  
and Communications

[www.nust.na](http://www.nust.na)