

## **DAMIBIA UNIVERSITY** OF SCIENCE AND TECHNOLOGY

Faculty of Health, Natural Resources and Applied Sciences

Department: Clinical Health Sciences

School of Health Sciences



Embark on a three-day journey that goes beyond the ordinary — a course designed to equip participants with essential knowledge in handling both medical and trauma emergencies. This immersive experience not only imparts a foundational understanding but also provides practical training and guidelines on identifying emergencies and taking decisive steps to ensure the provision of immediate medical care, setting the stage for a safer and more prepared community.

Unlock the power to save lives with a focus on critical skills like cardiopulmonary resuscitation (CPR), handling choking incidents, and providing crucial wound care for both adults and children. Each participant will receive a handbook that will serve as a guide for readiness and empower you to be a guardian of safety in any critical situation.

Upon the successful completion of the course, participants will be awarded a certificate, valid for a duration of three years.

Date: To be announced

Enquiries T: +264 61 207 2267 E: firstaid@nust.na